



Five Pillars of Brooks IHL Residency Programs

Advanced Clinical Competence - Residents attain advanced skills including improved problem solving, improved efficiency/effectiveness with establishing and implementing a successful plan of care, and improved psychomotor skills. Each resident will receive approximately three hours of one-on-one mentoring per week as well as 17 hours of clinical supervision per week.

Scholarship - The goal of the program is to develop advanced clinical practitioners. Brooks IHL recognizes scholarly activity as an important component of advanced clinical practice. Therefore, the program will emphasize training to develop the ability of our clinicians to contribute to the body of knowledge of the healthcare profession, as well as develop practice patterns that include current literature into their daily patient interactions (i.e. follow the principles of evidence based practice). Each resident will develop four (4) case studies, several of which will be presented orally during a presentation open to the local/regional healthcare community. At least one case study will be submitted for publication in a peer-reviewed journal and presentation at a Professional Conference (such as the APTA Annual Conference, APTA CSM, FPTA Conference, etc).

Education - The Brooks IHL training will create the opportunity for change in two different ways from an educational point of view. The first is that the residents will be trained to embrace the idea of being lifelong learners. The second component is that the program will train the residents to be the next generation of mentors within the professional classroom and in the clinic. To gain this ability each resident will teach a "block" of a course in a Physical Therapy First Professional Program, perform in-services to the Brooks staff using the material they learned during the training, and lastly, each resident will be a clinical instructor for a physical therapy student.

Professionalism - This program will support the development of the clinician as a professional. Professional development includes training in clinical practice, self-governance, and community outreach. In addition to the clinical training, each resident will serve on a committee, board or something similar for a discipline related group. Each resident will also participate in a community outreach activity and/or perform pro bono rehabilitation services for an underinsured population. The residents will receive continuous mentoring while performing these activities.

Practice Management - The final component of the five pillars is practice management. The residents will receive training to insure that they are complying with ethical, legal, and regulatory standards/guidelines in all areas of their clinical practice. Residents will perform marketing/PR visits and perform communications with payers regarding denials for services.